



## Events

**As part of our re-opening “Renewal@FPL” theme, we are offering fun participatory events this month. All programs take place in the Main Library Costin Room, and no registration is necessary. Join us!**

### Game Night!

Thursday August 11, 7:00pm

Exercise your mind and renew your sense of fun with a game night! We will have a wide selection of games that are easy to learn and fun to play, as well as more advanced games for those looking for a challenge. Try your hand at classics such as Scrabble and Monopoly, or learn exciting new additions such as The Settlers of Catan. Refreshments will be provided, so grab your friends and spend a night gaming at the Library. All ages are welcome!



### Healthy Harvest Recipes with Ellie Deaner

Thursday August 18, 3-4:00pm

Are you looking for some new, quick and healthy recipes to help solve your “what’s for dinner” dilemma? If so, join us for a cooking seminar taught by Ellie Deaner, well known cooking teacher and cookbook author. Ellie will prepare some delicious recipes right in front of you, which you will then be able to sample. Copies of the recipes will be provided and you’ll have a chance to win one of Ellie’s cookbooks, *So Easy, So Delicious*.

### Poses and Poetry: Yoga and the Poetry of Mary Oliver with Debbie Clark of Open Spirit

Thursday August 25, 3:00pm

Join us for a Gentle Yoga class centered on selected poems by Mary Oliver. We will experience her poetry in a new way as we connect her words with gentle yoga postures. Yoga poses can be adapted to a wide range of abilities, including folks who prefer to sit in chairs.



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